

## Kangaroo Mother Care Thai Pattern

Designed by Dr. Elias von Rooyen

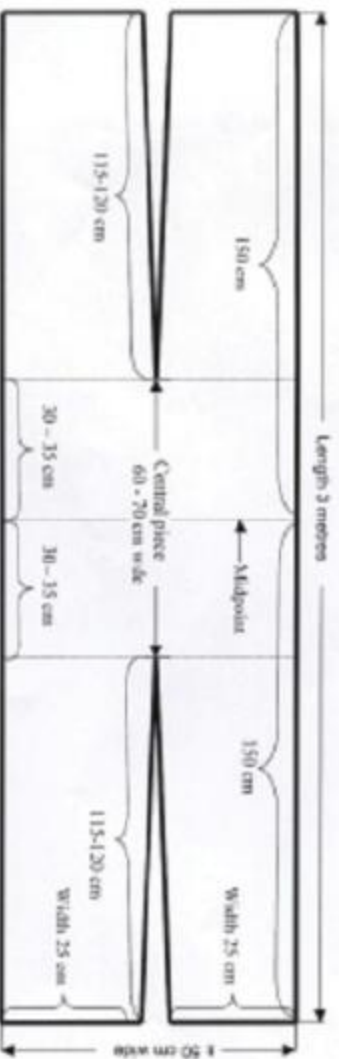
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Over lock the rough edges ———

### Choices of material from which to make the Thai

Plastic cotton: It costs well and is cheap. The material tears easily and it is not necessary to cut the material with a pair of scissors. Unfortunately only contents are usually 150 cm wide and only 2 wraps can be made from 2 metres of material. Cost about R15.00 per wrap. If one can get cheap cotton material that is 150 cm wide one is able to get 3 wraps from 2 metres of material.

Colour knit (shirt making): T-shirt material stretches a lot. It would be better to use a material that contains Lycra, but Lycra is very expensive.

A thin denim material also works well. It lasts very long, especially if you use knee and over in the wrist, but unfortunately denim is quite expensive and it costs about R30 per wrap.

Wings can be made from old sheets, if hands are not weak to buy new material.